



RIVER HEIGHTS
PUBLIC SCHOOL

4269 HAMILTON RD
DORCHESTER, ONTARIO N0L1G3
PHONE: 519-268-7884



FIND TVDSB Learn At Home on the
WEB at

[https://www.tvdsb.ca/en/our-board/
learn-at-home.aspx](https://www.tvdsb.ca/en/our-board/learn-at-home.aspx)



REDHAWK READER



"We ALL Belong At River Heights!"



Issue #9

May 25th 2020

Covid -19 Edition

River Heights ROCKS Inclusion and Outdoors.

To the Wonderful Families of River Heights:

This week the focus is on taking that sense of belonging & doing something with those ideas. Sunday May 17th marked the International Day Against Homophobia (IDAHO). For us at River Heights we spend time focussing on acceptance and inclusion—best characterized by the phrase "Its Ok To Be Different." [Our From the Heart#8 Part 1](#) and [Part 2](#) has a new activity and different book resources for this theme. We recognize the importance of all children feeling comfortable at and part of their school environment.

Thursday the 21st was Outdoor Classroom day. The Eco Club put together a group video giving you great ideas for a nature scavenger hunt. <https://drive.google.com/file/d/1Fq01KedbL0jE95sAH5NY2iiVxy5LD1e8/view?usp=sharing> They also asked everyone to decorate/repurpose and wear an outfit and play outside all day on Thurs 21st If you did we hope sent in pictures. [Check out the From the Office Nature Supplement](#) for more details.

A reminder to those parents whose students have an IEP. IEP will be updated in early June look in your parent portal for those updates. Speaking of parent portal, if your child is Identified, you will have received a waiver email from Mrs. Quance about upcoming IPRCs please respond to this routine item as well by going into your parent portal and "signing" the waiver if you so choose.

As we complete the 2nd month of quaranteaching we have had 67% on average participation. Thank you for your use of our service. A reminder it is a public service, do not fight with your child to do the work - school is NOT TO ADD to these difficult times. Focus on your mental health (many of our recent activity suggestions have centred on this area.) **If you need to take a break let us know and we will pause the weekly calls etc.** Rejoin us any time you wish—we will be HERE. In June we anticipate getting a process for reclaiming personal items. Until then we cannot do so. Please be patient the time is coming.

The RH Home and School association will be holding executive elections via online meeting June 8th. Paid Home and School members can [nominate yourself](#) or [someone else for a position](#) for the 2020-2021 school year please contact the Home and School at riverheights.hsa@gmail.com or through the [Home and School Facebook page](#). They are also looking for volunteer members to fill the roles of [Volunteer Coordinator](#) and [Fundraising Coordinator](#). If you are not currently a member and would like to purchase a membership in order to participate please contact the Home and School Association. Have a say! Get your membership today.

This week's [TIP Sheet centres](#) on connecting to our google classrooms with a variety of devices. Please **let us know which topics need future tip sheets and we will find and or make them.** Those families that don't have access to technology the board mailed you the next package of learning materials from your classroom teacher **Monday June 1st.**

To help us feel a somewhat normal routine announcements continue Mon and Fri this week posted in your child's google classroom in the FROM THE OFFICE WITH MR. SHEIK folder or check it out on You Tube, End of last week's <https://youtu.be/ITQ0DkvmG-M> and Today's <https://youtu.be/tA1y9Ffr-pw>

We now have Facebook - <https://www.facebook.com/river.heights.908> and Instagram - https://www.instagram.com/riverheightsps_dorchester/ Let your teacher know the pictures are media friendly and look for them soon. All Smiles Mr. Sheik, Proud Principal of River Heights.



Series of School Wide Activities

#8 River Heights ROCKS, We Are RedHawks!

Please see the attached video for visual instructions.

<https://youtu.be/OKmB-MHAKio>

Download from this LINK.

Our From the Heart Series has focused on being part of a community and on coming together. In our school all students belong but we know that As REDHAWKS we have our character traits that make us good citizens - good RedHawks. Those traits include acceptance, kindness, friendship and respect. We may be different on the outside but on the



inside we all are and feel

the same. Like our colour houses, we may belong to different colour houses but we all are Redhawks, the ones that learn about and believe in those traits that make us REDHAWKS. We even all wear Red to show that we all belong even when we are from different colour houses.

Prompting: Lets think about those RedHawk Traits. What does the word Friendship mean to you? Is it when you care about someone else? When you say some one is your friend what makes them a friend to you? You have fun with them? What else?

When we think of the word Kindness are we only kind to friends? Respect what does that mean? Is it about caring for people? Is it about taking care of things too?

Follow the link from Mrs. Gray's Library Learning Commons and listen to her read the book Accept and Value Each Person

<https://drive.google.com/file/d/1Lp5T78SACFiKKIcKNgVC5XWrs4DwAGvm/view>

This will give you more words to think about and to help you to understand, celebrate, and accept differences.



Series of School Wide Activities

#8 River Heights ROCKS, We Are RedHawks!

When we accept someone what are we doing? Allowing them to play with us? ngs? Like them? Do you do things with them? How can we celebrate our uniqueness? Follow this link from Mrs. Gray and her virtual Library Learning Commons her video will help us answer some of these questions. The Boy Who Grew Flowers

<https://drive.google.com/file/d/1o2BXmmmQHWnMB9p9gk9E8P4vqdbMBiAY/view>

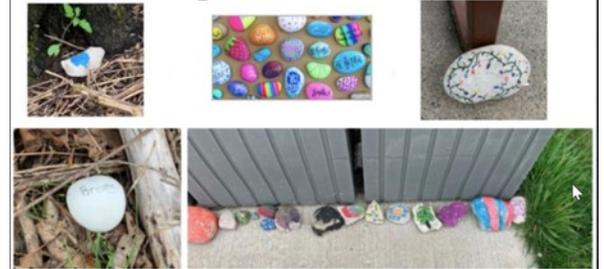
Making Connections: Words that describe our traits as REDHAWKS Friendship, Respect, Kindness and Acceptance are all connected.



The Challenge: Make A Kindness Rock to Hide and to Share!

- 1) Paint a rock and take a picture of it
- 2) Hide your rock
- 3) Add the picture to this google doc below
- 4) Describe where you hid it on the google doc below

River Heights Kindness Rocks!



Side note: have you seen the "Dorchester Rocks" facebook page? <https://www.facebook.com/groups/1962171970721154>

You could, with parent's permission, add your RIVER HEIGHTS ROCK to that place too..let them know its a REDHAWK ROCK!



When your work is done you can either do it in the google classroom on this google doc <https://docs.google.com/document/d/1SqBCbjVTR4D2Uhqmynt464bi-IZlqkwJcjYEnLUBHU/edit?usp=sharing> or if you did it on paper at home them take a photo of the picture and send it to your teacher or to Mr. Sheik at j.sheik@tvdsb.ca We will make sure it is included in our Rock Collection!



WE ARE REDHAWKS!



May 25th, 2020

Nature Supplement From today's Morning Announcements

Did you see the Eco Club's Video to celebrate May 21st World Outdoor Classroom Day? Well here is the link so you can still see it, <https://drive.google.com/file/d/1Fq01KedbL0jE95sAH5NY2iiVxy5LD1e8/view?usp=sharing> Did you make a nature crown out of leaves, cardboard or twigs or use a cardboard box and paints to make beautiful butterfly wings or did you turn yourself into your favourite animal with a simple mask. Did you take a picture or send it in? YOU STILL CAN. We'd love to see you in your may 21st outdoor classroom day outfit. Mr. Sheik showed his playful nature with his crown of dandelions.



Whatever you get up to, connect with thousands of others getting involved around the world by sharing on social media using #PlayfulNature. Are you joining in the fun? RSVP to Outdoor Classroom Day [Facebook event!](#)



Connecting to nature can restore our sense of wellbeing. For children, this connection is best made through play - whether outdoors in nature or indoors with natural elements

If you've got a bit of outdoor space at home or school, help the children in your care connect to nature through play with these lovely ideas from the Outdoor Classroom Day community! From a game of outdoor bingo to making a nature crown, there's something for everyone.

5 nature play ideas from the Outdoor Classroom Day community

- 1) Camp out overnight in your own backyard! Pitch a tent or sleep under the stars.
- 2) Try star gazing - what's the first star you see in the night sky? How many can you count?
- 3) Go on a photo safari. Choose a subject (or colour scheme) and see what you can "capture". Maybe you can find the River Heights Kindness Rocks! (see From The Heart #8) <https://docs.google.com/document/d/1SqBCbjVTR4D2Uhgqmynt464bi-IZlqvkwJcJyEnLUBHU/edit?usp=sharing>
- 4) Go on a bug hunt! What creepy crawlies can you find in your very own back yard?
- 5) Go geocaching around your neighbourhood! If you've never tried a digital treasure hunt before, visit the ["Things To Do - Geocaching"](#) section of the outdoor classroom day website.



RIVER HEIGHTS
ECO TEAM

[Find more ideas for connecting to nature](#) learn more from <https://outdoorclassroomday.com/> and share your own on social media using #PlayfulNature!



**River Heights Home & School Association
Executive Nomination Form**

The following members of River Heights Home & School Association are in good standing, have been members for at least 30 days, and are therefore eligible for election to an executive position for the 2020-2021 school year.

Melissa Bayes
Janice Del Bel Belluz
Jennifer Lake
Charity Woodruff
Andy Brown

Jonathan Crellin
Jason Gomori
Kate Ledgley
Jessah Drinkwater
Tania Somerville

Rachael Crellin
Meredith Gomori
Lori Taylor
Nicole Swance

To nominate yourself, or another eligible person, please fill in the name of the nominee beside the position for which you would like them nominated. Please return the form via email to river-heights.hsa@gmail.com no later than **Monday June 1, 2020**. Each nominee will be contacted in advance to confirm acceptance of the nomination.

Voting will be held at our final meeting on **Tuesday, June 8th 6:30pm via Zoom.**

Executive Positions For Election

President: _____

Vice President & Rep to School Council: _____

Secretary: _____

Treasurer: _____

TVCHSA Rep: _____

Other opportunities for leadership open to all members:

Hot Lunch Coordinator: _____

Fundraising Coordinator: _____

Volunteer Coordinator: _____

Communications/Promotions Coordinator: _____

If you have any questions regarding roles & responsibilities for any position, please contact Melissa @ (519) 854-0099 or melissa.bayes@gmail.com

Parents Helping Parents Connecting with Variety of Devices

If you are using Google Classroom on an iPad, you will need to download a separate app for each part of the Google Suite (ie: Google Chrome, Google Slides, Google Docs etc.) to have full functionality

On an iPad, it is easier to navigate to links embedded in the slides if you are in 'Present' mode

Also on an iPad, when you open a slide, a drawing tool icon will open in the bottom, right corner. If you click on the drawing tool, you have the option of drawing, adding a text box that you can drag around the slide, using a marker or a highlighter.

For full functionality of Google Read and Write, access google Classroom through a Chrome Browser. You may need to download the Chrome Browser to your desktop if you have not already done so. e: click on the Google Chrome icon, NOT Internet Explorer)

Your child has a GMail account attached to their goTVDSB account. While many teachers have not been communicating directly to those email addresses, Google sends the students a notification email whenever there is a private comment on their work.

Admittedly, we discovered this week that it was much easier to see our own children's feedback by clicking on it in the inbox of the gmail account. Your teacher has the email account address and password for every student in their class if parents opt to use this time saving measure.

FROM ALL OF US
TO ALL OF YOU



We Miss You RedHawks!
**Can You Spot your
Teacher?**
**How MANY Can You
Name?**